

Hallenbelegung Jahnhalle - Stand 05/2024

| Uhrzeit | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | | | | |
|---------------|--|--|--|---|--|---|--|--|--|
| 07:45 - 08:00 | | | | | | | | | |
| 08:00 - 08:15 | | | | | | | | | |
| 08:15 - 08:30 | | | | | | | | | |
| 08:30 - 08:45 | | | | | | | | | |
| 08:45 - 09:00 | | | | | | | | | |
| 09:00 - 09:15 | | | | | | | | | |
| 09:15 - 09:30 | Pilates 09:00 - 10:00 | | | Evangelische Tagesstätte Sinn Kleinkindturnen 8:45 - 11:00 | | | | | |
| 09:30 - 09:45 | | Qi Gong 9:10 - 10:10 | | | Qi Gong 9:10 - 10:10 | | | | |
| 09:45 - 10:00 | | | | | | | | | |
| 10:00 - 10:15 | | | Badminton 9:30 - 11:30 | | | | | | |
| 10:15 - 10:30 | | | | | | | | | |
| 10:30 - 10:45 | | | | | | | | | |
| 10:45 - 11:00 | | | | | | | | | |
| 11:00 - 11:15 | | | | | | | | | |
| 11:15 - 11:30 | | | | | | | | | |
| 11:30 - 11:45 | | | | | | | | | |
| 11:45 - 12:00 | | | | | | | | | |
| 12:00 - 12:15 | | | | | | | | | |
| 14:00 - 14:15 | | | | | | | | | |
| 14:15 - 14:30 | | | | | Vielseitigkeit 14:00 - 15:00 | | | | |
| 14:30 - 14:45 | Kindergruppe 14:30 - 15:30 | | | | | | | | |
| 14:45 - 15:00 | | | | | | | | | |
| 15:00 - 15:15 | | | | | | | | | |
| 15:15 - 15:30 | | | Yoga kennt kein Alter 15:00 - 16:00 | Mini Disco 15:00 15:50 | | | | | |
| 15:30 - 15:45 | | Eltern-Kind-Turnen 1,5-3 Jahre 15:30 - 16:30 | | | | | | | |
| 15:45 - 16:00 | Turnen Kid's 3-6 Jahre 15:45 - 16:45 | | | | Mini Disco 16:00 16:45 | | | | |
| 16:00 - 16:15 | | | | | | | | | |
| 16:15 - 16:30 | | | | | | | | | |
| 16:30 - 16:45 | | | Tanzen für Kinder ab 6 Jahre 16:30 - 17:30 | | Klettern 16:30 - 17:30 April - September | | | | |
| 16:45 - 17:00 | | | | | | | | | |
| 17:00 - 17:15 | Turnen Kid's 6-8 Jahre 17:00 - 17:50 | Präventions- gymnastik Damen 50+ 17:00 - 18:00 | | Speedstacking 16:45 - 18:00 | | | | | |
| 17:15 - 17:30 | | | | | | | | | |
| 17:30 - 17:45 | | | | | | | | | |
| 17:45 - 18:00 | | | | | | | | | |
| 18:00 - 18:15 | Tischtennis 18:00 - 20:00 | Zumba Fitness® 18:00 - 19:00 | Reha-Sport 18:00 - 19:00 | Tischtennis 18:00 - 19:30 | | | | | |
| 18:15 - 18:30 | | | | | | | | | |
| 18:30 - 18:45 | | | | | | | | | |
| 18:45 - 19:00 | | | | | | | | | |
| 19:00 - 19:15 | | | | Konditionstraining Herren 19:00 - 20:30 | | Skigymnastik Oktober - März 19:00 - 20:00 | | | |
| 19:15 - 19:30 | | | | | | | | | |
| 19:30 - 19:45 | | | | | | | | | |
| 19:45 - 20:00 | | | | | | | | | |
| 20:00 - 20:15 | Sport&Spiel Herren 50+ 20:00 - 21:45 | | | Badminton 19:30 - 21:00 | | | | | |
| 20:15 - 20:30 | | | | | | | | | |
| 20:30 - 20:45 | | | | | | | | | |
| 20:45 - 21:00 | | | | | | | | | |
| 21:00 - 21:15 | | | | | | | | | |
| 21:15 - 21:30 | | | | | | | | | |
| 21:30 - 21:45 | | | | | | | | | |
| 21:45 - 22:00 | | | | | | | | | |